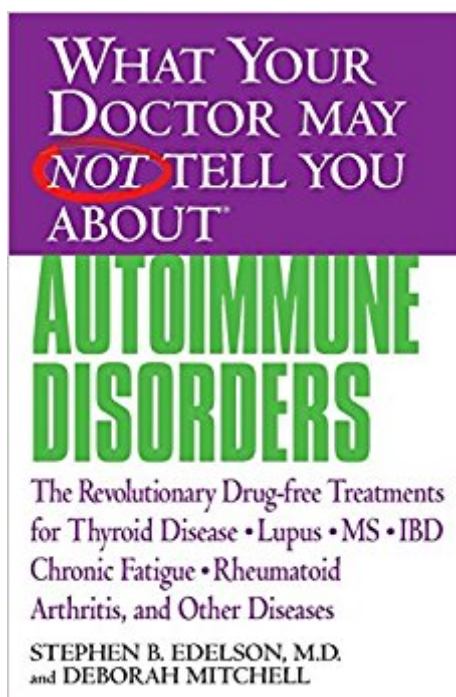


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# What Your Doctor May Not Tell You About(TM): Autoimmune Disorders: The Revolutionary Drug-free Treatments For Thyroid Disease, Lupus, MS, IBD, Chronic ... Doctor May Not Tell You About...(Paperback))



## Synopsis

Dr. Edelson discusses the most common types of autoimmune diseases, outlining their symptoms, causes, and risk factors. He describes his own revolutionary program for treating the root of all autoimmune disorders--without drugs--providing readers with new hope for getting back on the road to better health.

## Book Information

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## Customer Reviews

The immune system is a scapegoat for a variety of ills in this wide-ranging but tendentious guide to approaching diseases like lupus, Crohn's disease, MS, and rheumatoid arthritis. The author argues that autoimmune disorders, in which a malfunctioning immune system attacks healthy tissues, are caused or triggered by environmental toxins, especially heavy metals and free radicals. Drawing on his experience treating patients for the above disorders as well as chronic fatigue syndrome and autism, he recommends a variety of unconventional regimens to purge toxins from our bodies and surroundings, including chelation therapy, herb, vitamin and anti-oxidant supplements, an organic diet free of additives and allergens, sauna and massage, and the systematic use of air and water filters. Edelson provides detailed information in chapters covering specific autoimmune disorders, but his claims of a "fantastic" treatment record for some of them rely on anecdotal case studies of diseases that sometimes go into spontaneous remission. By the tenets of "clinical molecular medicine," he claims, "I don't need to know the specific autoimmune disorder a patient has, because

the label doesn't matter." Since no specific disease label need be applied, such widespread and indeterminate "symptoms" as "fatigue," "depression," "muscle and joint pain," "frustration," "sparse hair," "brain fog" and "general malaise" can be construed as signs of the immune dysfunction. While this book offers information on conventional treatments and physicians, its orientation is decidedly elsewhere. Copyright 2003 Reed Business Information, Inc.

Lindy Woodhead has worked in fashion PR for more than thirty years. She worked in the music business before establishing her own PR agency in 1974. She has been on the board of Harvey Nichols and worked in television and advertising. She is married and lives in London.

I want to reiterate what another reviewer already said: "Don't let the previous review scare you. The quackwatch guys are the quacks themselves. Barrett, who heads up the quackwatch "research", is not a board certified doctor of anything and has been sued a bunch of times." So true! Not only is that true, but any doctor who sets out to provide treatment protocols for patients that do not feed the bloody maw of Big Pharma (which brainwashes the masses into believing that any illness is the lack of one of their drugs!) is guaranteed to at least come under fire if not be set up to take a fall by covert measures. Okay, having said that so that you know I've read the court files and assessed them as a complete set-up, let me now talk about the book. This book is engaging and full of cutting edge science as well as practical advice. Dr. Edelson explains some very complex physiological systems in clear language that even impressed my doctor who said she never did understand it as well even in medical school! Not only that, but Edelson was a pioneer in a field that is now being taken up by other high profile doctors such as Mark Hyman, author of "The Ultra-Mind Solution". They are saying pretty much the same things, only Edelson said it first. Like any other diet or health book, there is a particular focus and some of his ideas and protocols won't work for everyone. But, by and large, Dr. Edelson manages to connect things together in a very comprehensive way, and those people who will not benefit from his approach are, I would think, a vanishing minority. One thing that struck me and convinced me that Dr. Edelson really knew his stuff was his mention of the inflamed blood vessel lumps that appear in the forearms of individuals who suffer rheumatoid arthritis. I've had these lumps for years, I have rheumatoid arthritis, and no other doctor has ever been able to tell me what those lumps are. What's more, they have begun to disappear simply from following the protocol in Dr. Edelson's book. My doctor is even willing to experiment with the anti-biotic treatment for my condition and I'm looking forward to even greater improvement than I have achieved already, and that will be something! I'm already almost 90% free of pain and my

good days now far outnumber my bad days! Thank you Dr. Edelson!

My opinion: I found that a good portion of the ideas presented for drug-free treatment of AI disease \*did\* make sense to me; in fact, at one point I have been through some seemingly medically unsound means of getting off all prescriptions for treatment of my diagnosis with Systemic Lupus. The rapid taper and detoxification process I went through was similar in ways to certain methods described in the book. This outside the box thinking I imagine could get a medical professional in trouble with either his colleagues, big drug companies, or even patients that are very ingrained in a specific type of doctor/patient process that they cannot move past. The reasons why there are lawsuits, closed medical centers, and disciplinary actions taken against the author definitely concerns me though. I have seen other outside the box thinkers not have this amount of legal trouble; frankly I think where there is smoke there's usually fire so I have trouble trusting the author and ideas in this book as a result. Bottomline: I would say that I can recommend examining the ideas in the book and then weighing and investigating what you feel comfortable with, along with consultation and advice from your doctor.

I learned the answers to so many questions. There'll be times when the doctor doesn't have the time or he's called out of the office. The book is a must read, it's filled with answers to your questions. I'm so glad I ordered books concerning my syndromes and diseases and read them. It keeps me ahead of my illness, it helps keep my mind at better ease because I know a little more each time I read the book. A patient needs to keep up with the doctor's on their illnesses. The doctor's can't memorize all that the patient has wrong with them, the patient must keep up with their own health, too. She must ask pertinent questions and have a pad ready when the doctor answers the question. Reading the book will keep the patient informed and the doctors will be glad they did so.

If you have an autoimmune disorder or know someone who does, you should read this book! It covers the most prominent autoimmune disorders, there was even a whole chapter on "Hashimoto's Thyroiditis", not just a line or two! The book covers: symptoms, causes, treatment, detox & diet. There is plenty of food for thought, read it with a highlighter & post-it tabs!

Another good reference book. Many new aspects of autoimmune disease are discussed. As a person who tries to manage her autoimmune diseases as best as I can, this book gives me new

information that I am eager for.

Even if you don't have an alternative provider, this book gives you a checklist of tests and treatments that you can request from any medical practitioner. Not all medical professionals are aware of the connection between autoimmunity and allergies and toxins. This book gives you the knowledge and confidence to take control of your own health and get yourself back on track.

This book definitely lays out the full truth about this Autoimmune Disease. It gave me direction and hope! Quick service! Will highly recommend!

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